


June 2017

Aspen Siesta 5353 E Yale Ave, Denver, CO 80222 9303) 757-1209

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Recreation Director: Kattie Getman, ADC</p> <p>Activity Assistant: Edmonia Lee</p> <p>Restorative Aide: Kristie Martinez</p>	<p>All scheduled activities are subject to change due to unforeseen circumstances and we remain flexible towards the recreation interests of each individual who calls Aspen Siesta home. Also, don't forget to enjoy your beautiful gardens and the Colorado sunshine in your Oasis in the City.</p>			<p>1 10:15am-11:45pm: Restorative Exercise Class and Timeless Trivia Game</p> <p>1:30-3:30pm: Open activity Room/Games and Puzzles</p> <p>4:00pm: Music Hour with Kattie and Friends</p>	<p>2 10:15am-11:45am: Restorative Exercise Class Singing Performance with Big Jim</p> <p>1:30-3:30pm: Open activity Room/Beading and Birdhouse Painting</p> <p>3:30-4:45pm: Happy Hour</p>	<p>3 10:15am-11:45am: Exercise Class and Daily Chronicle/Current Events</p> <p>1:00pm: Activity Cart</p> <p>2:00-4:00pm: Open activity Room/Flower arranging/crafts</p>
<p>4 10:00am-11:45am: Bible Stories and Hymn sing-a-long</p> <p>1:00-2:30 pm: Open Activity Room and Activity Cart</p> <p>2:30pm: Saturday Afternoon Movie Matinee and Baking Cookies</p>	<p>5 10:15am-11:30am: Restorative Exercise Class and Monday Current events/Daily Chronicle</p> <p>1:30-4:00pm: Open Activity Room/Arts and Crafts</p> <p>4:00-5:00pm: Before dinner social hour and coffee</p>	<p>6 10:15am-11:45am: Restorative Exercise Class and Classical Piano Performance</p> <p>1:30-3:30pm: Open Activity Room/Flower Arranging</p> <p>4:00pm: "The Andy Griffith Show" social Hour</p>	<p>7 10:15am-11:45am: Hymns and Bible Stories with James</p> <p>1:30pm-3:30pm: Open Activity Room/Scrapbooking</p> <p>3:30pm-4:30pm: Men's Group/ "Gun smoke" social hour and games</p>	<p>8 10:15am-11:45pm: Restorative Exercise Class and Timeless Trivia</p> <p>1:30-3:30pm: Open activity Room/Games and Puzzles</p> <p>4:00pm: Music Hour with Kattie and Friends</p>	<p>9 10:15am-11:45am: Restorative Exercise Class and Music Performance</p> <p>1:30-3:30pm: Open activity Room/Beading and Birdhouse Painting</p> <p>3:30-4:45pm: Happy Hour</p>	<p>10 10:15am-11:45am: Exercise Class and Daily Chronicle/Current Events</p> <p>1:00 pm: Activity Cart</p> <p>2:00-4:00pm: Open activity Room/Flower arranging/crafts</p>
<p>11 10:00am -11:45am: Bible Stories and Hymn sing-a-long</p> <p>1:00-2:30 p.m.: Open Activity Room and Activity Cart</p> <p>2:30pm: Saturday Afternoon Movie Matinee and Baking Cookies</p>	<p>12 10:15am-11:30am: Restorative Exercise Class and Monday Current events/Daily Chronicle</p> <p>1:30-2:30pm: Open Activity Room/Arts and Crafts</p> <p>3:00 pm-5:00pm: Math Class and Flute Performance/pet therapy</p>	<p>13 10:15am-11:45am: Restorative Exercise Class and Classical Piano Performance</p> <p>1:30-3:30pm: Open Activity Room/Flower Arranging</p> <p>4:00pm: "The Andy Griffith Show" social hour</p>	<p>14 10:15am-11:45am: Hymns and Bible Stories with James</p> <p>1:30-3:30pm: Open Activity Room/Scrapbooking</p> <p>3:30pm-4:30pm: Men's Group/ "Gun smoke" social hour and games</p>	<p>15 10:15am-11:45pm: Restorative Exercise Class and Timeless Trivia</p> <p>1:30-3:30pm: Open activity Room/Games and Puzzles</p> <p>4:00pm: Music Hour with Kattie and Friends</p>	<p>16 10:15am-11:45am: Restorative Exercise Class Singing Performance with Big Jim</p> <p>1:30-3:30pm: Open activity Room/Beading and Birdhouse Painting</p> <p>3:30-4:45pm: Happy Hour</p>	<p>17 10:15am-11:45am: Exercise Class and Daily Chronicle/Current Events</p> <p>1:00 pm: Activity Cart</p> <p>2:00-4:00pm: Open activity Room/Flower arranging/crafts</p>
<p>18 <u>Father's Day</u> 10:00am: -11:45am: Bible Stories and Hymn sing-a-long</p> <p>1:00-2:30 p.m.: Open Activity Room and Activity Cart</p> <p>2:30pm: Saturday Afternoon Movie Matinee and Baking "Cookies for Dad"</p>	<p>19 10:15am-11:30am: Restorative Exercise Class and Musical Performance with J.R. Austin</p> <p>1:30-3:00pm: Open Activity Room/Arts and Crafts</p> <p>3:19 pm: Surprise Entertainment</p>	<p>20 10:15am-11:45am: Restorative Exercise Class and Classical Piano Performance</p> <p>1:30-3:30pm: Open Activity Room/Flower Arranging</p> <p>4:00pm: "The Andy Griffith Show" social hour</p>	<p>21 Summer Begins 10:15am-11:45am: Exercise Class and Bible Stories with James</p> <p>1:30-3:30pm: Open Activity Room/Scrapbooking</p> <p>3:30pm-4:30pm: Men's Group/ "Gun smoke" social hour and games</p>	<p>22 10:15am-11:45pm: Restorative Exercise Class and Food Committee/Resident Council</p> <p>1:30-3:30pm: Open activity Room/Games and Puzzles</p> <p>4:00pm: Music Therapy Class</p>	<p>23 10:15am-11:45am: Restorative Exercise Class and Music Performance</p> <p>1:30-3:30pm: Open activity Room/Beading and Birdhouse Painting</p> <p>3:30-4:45pm: Happy Hour</p>	<p>24 10:15am-11:45am: Exercise Class and Daily Chronicle/Current Events</p> <p>1:00 pm: Activity Cart</p> <p>2:00-4:00pm: Open activity Room/Flower arranging/crafts</p>
<p>25 10:00am: -11:45am: Bible Stories and Hymn sing-a-long</p> <p>1:00-2:30 p.m.: Open Activity Room and Activity Cart</p> <p>2:30: Saturday Afternoon Movie Matinee and Baking Cookies</p>	<p>26 10:15am-11:30am: Restorative Exercise Class and Gospel Music Performance</p> <p>1:30-4:00pm: Open Activity Room/Arts and Crafts</p> <p>4:00-5:00pm: Before dinner social hour and coffee</p>	<p>27 10:15am-11:45am: Restorative Exercise Class and Classical Piano Performance</p> <p>1:30-3:30pm: Open Activity Room/Flower Arranging</p> <p>4:00pm: "The Andy Griffith Show" social hour</p>	<p>28 10:15am-11:45am: Exercise Class and Bible Stories with James</p> <p>1:30-3:30pm: Open Activity Room/Scrapbooking</p> <p>3:30pm-4:30pm: Men's Group/ "Gun smoke" social hour and games</p>	<p>29 10:15am-11:45pm: Restorative Exercise Class and Timeless Trivia</p> <p>1:30-3:30pm: Open activity Room/Games and Puzzles</p> <p>4:00pm: Music Hour with Kattie and Friends</p>	<p>30 10:15am-11:45am: Restorative Exercise Class and Music Performance</p> <p>1:30-3:30pm: Open activity Room/Beading and Birdhouse Painting</p> <p>3:30-4:45pm: Happy Hour</p>	

